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Dr. Mark Crapo

"Do you want to feel and
look better - find out how you can
by using Symmetry health products."

The Ultimate Multivitamin Supplement now comes in a 4-pack -- all for one great value! Ultra Vitality Crystals is a comprehensive formula packed with over 75 powerful nutrients including Aloe Vera, antioxidants, phytonutrients, herbs, vitamins, minerals, essential fatty acids and other scientifically advanced ingredients.

So drink your daily nutrition with Ultra Vitality Crystals, share with others and receive the superb nutritional support that you've come to count on from Symmetry!

It is a well known fact that all adults should be taking a multivitamin to supplement their diet and to prevent nutritional deficiencies that could otherwise deteriorate a person's health. Few people eat as nutritiously as they should; taking any supplement won't cut it - it should contain the right nutrients that target the right places. Symmetry's Ultra Vitality Crystals multivitamin/mineral supplement offers a novel, innovative approach to properly nourish and protect the body, creating a foundation for a longer, healthier life.

UltraVitality Crystals are more than just an alternative to tablets and capsules, it's a revolutionary nutritional supplement that features Symmetry's own DeltaZorb, which ensures optimal levels of nutrition are delivered to your body. It comes in a convenient drink mix that easily dissolves in water, allowing the nutrients to digest quickly, so you can be assured that you are getting the full benefits of all the essential vitamins and minerals!

See also: [Protection 4 Life with Genesis health system](#)

▶ **With just one packet of Ultra Vitality Crystals a day - you'll experience what VITALITY really feels like!**

In addition to the wide spectrum of antioxidants, phytonutrients, vitamins, minerals, essential fatty acids, enzymes,

super foods, aloe vera and more, you'll benefit from the Sea Mineral Blend which can help replace vital elements lost through perspiration and exercise, and help sustain endurance and athletic ability while easing muscular aches and pains. These minerals and trace elements also sustain the electrical communication of the body's nervous system, including the beating heart. Drink your daily nutrition of Ultra Vitality Crystals and receive the superb nutritional support that you've come to count on from Symmetry.

People using UltraVitality also use these supporting products:

[Advanced Omega](#)

[MegaJuice](#)

[Genesis](#)

[Female Balance](#)

[Male Balance](#)

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Ingredients and Supplement Facts

*Daily value not established

**Ultravitality
Crystals
Four Pack**

**Symmetry
products
are not sold
in Stores**

Supplement Facts Serving size: 1 packet (4.7 g) Servings per Container: 30 packets (141 g)	Amount Per Serving	% Daily Value
Calories	0	
Total carbohydrate (Percent values are based on 2,000 calorie diet.)	0 g	0%*
Sugars	0 g	
Dietary fiber	0 g	0%*
Vitamin A (as beta-carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate and d-alpha tocopheryl acetate)	100 IU	333%
Thiamin (as thiamin HCl)	15 mg	1000%
Riboflavin	15 mg	880%
Niacin (as niacinamide)	30 mg	150%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	150 mcg	50%
Pantothenic acid (as D-calcium pantothenate)	30 mg	300%
Calcium (as calcium carbonate, coral calcium and calcium citrate)	250 mg	25%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium oxide, magnesium citrate and magnesium glycinate)	50 mg	13%
Zinc (as zinc oxide and zinc chelate)	15 mg	100%
Selenium (as sodium selenite and L-selenomethionine)	70 mcg	100%
Copper (as copper oxide)	2 mg	100%
Manganese (as manganese sulfate)	5 mg	250%
Chromium (as chromium polynicotinate)	150 mcg	125%
Potassium (as potassium citrate)	125 mg	4%
Horsetail (Equisetum arvense) extract whole plant	25mg	*


Nutritive herbal blend [nettle (<i>Urtica dioica</i>) leaf, dandelion (<i>Taraxacum officinale</i>) leaf and jujube (<i>Ziziphus jujuba</i>) fruit]	5 mg	*
Vitality blend: Papain, Bromelain, Granulated juice crystals: cherry, lemon, and orange juice flavored crystals Herbal blend: Cayenne pepper (<i>Capiscum frutescens</i>) fruit, chamomile (<i>Anthemis nobilis</i>) flower and ginger (<i>Zingiber officinale</i>) root, Apple cider vinegar, L-Carnitine hydrochloride, Choline bitartrate, Dahlulin™† [chicory (<i>Cichorium intybus</i>) root juice], GLA (gamma-linolenic acid) blend: As borage seed (<i>Borago officinalis</i>) oil and Inositol	100 mg	*
Probiotic blend: <i>Lactobacillus acidophilus</i> and <i>Bifidobacterium bifidum</i>	1.5 million CFU	*
Chlorophyll blend: from alfalfa (<i>Medicago sativa</i>) leaf, carrot (<i>Daucus carota</i>) root, D. salina algae and tomato (<i>Lycopersicon lycopersicum</i>)	4 mcg	*
Energy blend: Eleuthero (<i>Eleutherococcus senticosus</i>) root, Fo-ti (<i>Polygonum multiflorum</i>) root and gotu kola (<i>Centella asiatica</i>) fruit	125 mg	*
Antioxidant base: Citrus bioflavonoids (from orange peel), rose hips (<i>Rosa canina</i>), proanthocyanidin complex [from green tea (<i>Thea sinensis</i>) leaf extract, pine bark (<i>Pinus maritimus</i>) extract and grape seed (<i>Vitis vinifera</i>) extract]	75 mg	*
Super food base: Ginkgo biloba (from 50:1 concentrate) leaf , barley grass (<i>Hordeum vulgare</i>), apple pectin (<i>Pyrus malus</i>), astragalus (<i>Astragalus membranaceus</i>) root extract, burdock (<i>Arctium lappa</i>) root, citrus pectin, odorized garlic bulb (<i>Allium sativum</i>), parsley (<i>Petroselinum crispum</i>) leaf, red clover (<i>Trifolium pratense</i>) flower, schisandra (<i>Schizandra chinensis</i>) fruit, spirulina algae (<i>Spirulina pratensis</i>)	32.5 mg	*
Digestive Blend: Papaya, ginger (<i>Zingiber officinale</i>) root, DeltaZorb™†† (proprietary patented blend of herbal extracts), amylase, glucoamylase, protease, acid protease, cellulose, lipase, licorice, betaine HCl, dandelion (<i>Taraxacum officinale</i>) root, Pau D'Arco (<i>Tabebuia impetiginosa</i>) bark, chamomile (<i>Anthemis nobilis</i>) flowering tops	50 mg	*
Sea Calcium Blend: Calcium carbonate, coral calcium and calcium citrate	625 mg	*
Aloe vera leaf gel (from 1 mg 200:1 concentrate)	200 mg	*
†Dahlulin™ is a trademark of American Inulin Group, and is protected by U.S. Patents #4,283,432 and #4,285,735. †† DeltaZorb™ is a trademark of Symmetry Corporation and is protected by U.S. patents.		



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Ultra Vitality Crystals
Ultra Vitality Drink
Ultra Vitality Nutra Pack

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UltraSlym Pack
Carbless
Simply Slym
Liposorb
Wow Smoothie
WOW Pack

Skin Care

Skin Renewal Caplets
Skin Essentials
- Facial Cleanser
- Daily Moisturizer
- Hand/Body Lotion

Nutritional Systems

Protection 4 Life with Genesis
Protection 4 Life with Aloe Plus
Protection 4 Life with New
Attitude
Vitality System

Cleanse Products

BotanaCleanse
BotanaCleanse Plus
ParaCleanse

Children and Kids Daily

Fruitamins
Future Star

Bundles

Cleanse Bundle
Joint Support
Stress Bundle
Winter Bundle

Daily Health Support

Advanced Omega
Mega Juice
Female Balance
Male Balance
Calcium Coverage

Herbal Support Products

Aloe Plus
Aphrodisia 136
Bio Infinity
Botana-E
Botana-C
Botana-G
BotanaLax
Cardio Essentials
Clarity
Cold RX
Ease GM
Immunity
Glucosamine Formula
New Attitude
Neurocalm

- Firming Serum

Natural Soap
Botanic Gold

Water Filter
Countertop Water Filter

Optibreathe
Tranquility

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality Ultravitality Crystals 4Pack product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments.
In all matters related to your health please contact a qualified, licensed practitioner.

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