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# SYMMETRY

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Call: 720.929.9555  
Mon-Sat 8am - 9pm

If you need help ordering  
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Dr. Mark Crapo

"Do you want to feel and  
look better - find out how you can  
by using Symmetry health products."

It's evident that the higher our metabolism is, the more calories our bodies will burn. However, what many of us don't realize is that having food in our stomachs actually increases our metabolic rate! Our body's metabolism rate increases when it is required to "work". For example, just as exercise is "work" for our bodies, so is digesting food.

Taking Symmetry's ThermoBalance tablets before meals will provide an added boost to your metabolic rate and your metabolism will remain at a high level for a longer period of time. Start with Symmetry's Thermo-Balance today to help you maintain healthy weight, a higher metabolism rate and long-term vitality.

### ▶ Symmetry's proprietary formula ThermoBalance features:

- Advantra-Z - a proven fat metabolizer.
- A synergistic herbal blend to help burn calories, boost energy, support circulation, and assist mental focus.
- Rhubarb, Cascara and Uva-Ursi, among other natural ingredients, to support healthy digestion and elimination.
- Chromium - to help the body maintain normal blood sugar levels.

**People using Thermo-Balance also use these supporting products:**

[Night Lite](#)

[CarbLess](#)

[LiopoSorb](#)

[Wow Smoothie](#)

[Ultravitality NutraPack](#)

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### Ingredients and Supplement Facts

\*Daily value not established

### ThermoBalance

**Suggested Use** 1) Take one tablet three times daily, with breakfast, lunch and in the mid-afternoon. Do not take after the evening meal. 2) Take for 5 days, followed by 2 days off. 3) Drink 8 glasses of water daily. 4) Increase physical activity

**Symmetry products are not sold in Stores**

Supplement Facts	Amount Per Serving	% Daily Value
Serving size: 1 tablet Servings per Container: 60 tablets		
GTF Chromium (as chromium dinicotinate glycinate)	120 mcg	100*
Thermogenic Blend: Avantra-ZTM (Citrus aurantium) bitter orange extract (5-7% alkaloids), Atlantic sea kelp, yerba mate leaf (Ilex paraguariensis) extract (2.5 mg alkaloids), cinnamon bark (Cinnamomum cassia) & twig extract (2.25 mg cinnamic aldehyde), cayenne pepper (Capsicum annum) concentrate (80,000 SHU), English mustard seed (Sinapis alba), white willow bark (Salix alba), 2:1 Chinese herbal extracts [peppermint leaf (Mentha piperita), lemon verbena leaf (Aloysia triphylla), chamomile flower (Anthemis nobilis), ginger root (Zingiber officinale), licorice root (Glycyrrhiza glabra), tangerine peel (Citrus reticulata) and chicory root (Cichorium intybus)] and L-carnitine tartrate	250 mg	*
Cleansing Herbal Blend: Rhubarb root (Rheum officinale), buchu leaf (Barosma betulina), cornsilk stylus (Zea mays), couchgrass rhizome (Elytrigia repens), hydrangea root (Hydrangea arborescens), juniper berry (Juniperus communis), uva-ursi leaf (Arctostaphylos uva-ursi), 2:1 Chinese herbal extracts [oldenlandia whole plant (Oldenlandia diffusa), atractylodes rhizome (Atractylodes macrocephala), bamboo stalk (Bambusa spp.), fritillary bulb (Fritillaria spp.), magnolia flower (Magnolia officinalis), peach kernel (Prunus persica), red jujube date (Ziziphus jujuba), selfheal flower (Prunella vulgaris), trichosanthes stem (Trichosanthes kirilowii), apricot	350 mg	*

kernel (Prunus armeniaca)], dandelion root extract (Taraxacum officinale) (5 mg taraxasterol), cascara sagrada bark (Rhamnus purshiana), and chickweed aerial parts (Stellaria media)

**SYMMETRY**

## Preferred Customer Membership

Save 30% to 60%

**Preferred Customer**



Preferred Customers are the customers of Symmetry products who have taken advantage of Symmetry's Preferred Customer discounts by paying an annual membership fee and agreeing to a monthly autoship. Preferred customers receive a monthly order that can be modified online.

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## Other Symmetry Products

### Nutritionals

Genesis X24  
Genesis  
NutraPack  
Ultra Vitality Crystals  
Ultra Vitality Drink  
Ultra Vitality Nutra Pack

### Weight Loss

UltraSlym Pack  
Carbless  
Simply Slym  
Liposorb  
Wow Smoothie  
WOW Pack

### Skin Care

### Nutritional Systems

Protection 4 Life with Genesis  
Protection 4 Life with Aloe Plus  
Protection 4 Life with New  
Attitude  
Vitality System

### Cleanse Products

BotanaCleanse  
BotanaCleanse Plus  
ParaCleanse

### Children and Kids Daily

Fruitamins  
Future Star

### Daily Health Support

Advanced Omega  
Mega Juice  
Female Balance  
Male Balance  
Calcium Coverage

### Herbal Support Products

Aloe Plus  
Aphrodisia 136  
Bio Infinity  
Botana-E  
Botana-C  
Botana-G  
BotanaLax  
Cardio Essentials

Skin Renewal Caplets Skin Essentials - Facial Cleanser - Daily Moisturizer - Hand/Body Lotion - Firming Serum	<b>Bundles</b> Cleanse Bundle Joint Support Stress Bundle Winter Bundle	Clarity Cold RX Ease GM Immunity Glucosamine Formula New Attitude Neurocalm Optibreathe Tranquility
<b>Natural Soap</b> Botanic Gold	<b>Water Filter</b> Countertop Water Filter	

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality ThermoBalance product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments. In all matters related to your health please contact a qualified, licensed practitioner.

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