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Dr. Mark Crapo

"Do you want to feel and
look better - find out how you can
by using Symmetry health products."

Your respiratory system encounters problematic factors on a daily basis - weather conditions, dust, pollen, molds, and car exhaust - to name just a few. Furthermore, statistics show that many of us suffer from respiratory-related allergies which can cause congestion and difficulty breathing. Symmetry's Opti Breathe formula provides a powerful blend of botanicals and nutrients to support your respiratory system, and strengthen the resilience of the lungs and nasal passages in the face of these daily challenges.

There are a number of different traditional herb formulas that maintain the functioning of the respiratory system, with a very long history of safe use. Opti-Breathe consolidates all of these important ingredients into one effective formula.

▶ **Support your respiratory system with Symmetry's OptiBreathe**

- Restrain daily allergies and breathe easier
- Opti-Breathe features: A time-tested botanical blend that works to strengthen the resilience of the lungs and nasal passages.
- Supportive blend of B Vitamins and Magnesium
- Support and strengthen all systems of the body

People using Opti-Breathe also use these supporting products:

[Genesis](#)

[Cleanse Bundle](#)

[Immunity](#)

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OptiBreathe
Symmetry
products
are not sold
in Stores

Ingredients and Supplement Facts

*Daily value not established

Suggested Use: Take two caplets daily as needed as a dietary supplement, or as desired

Supplement Facts	Amount Per Serving	% Daily Value
Serving size: 2 caplets Servings per Container: 60 caplets		
Riboflavin	5 mg	300
Niacin (as niacinamide)	40 mg	200
Magnesium (as magnesium oxide)	100 mg	25
Zinc (as zinc citrate)	7.5 mg	50
Allergy herbal blend: yerba mate (<i>Ilex paraguariensis</i>) leaf, angelica (<i>Angelica dahurica</i>) root, chrysanthemum (<i>Chrysanthemum morifolium</i>) flower, magnolia (<i>Magnolia officinalis</i>) flower, vitex (<i>Vitex rotundifolia</i>) fruit, peppermint (<i>Mentha x piperita</i>) leaf, atractylodes (<i>Atractylodes lancea</i>) rhizome, codonopsis (<i>Codonopsis pilosula</i>) root, field mint (<i>Mentha haplocalyx</i>) leaf, immature tangerine peel (<i>Citrus reticulata blanco</i>), ledebouriella (<i>Ledebouriella seseloides</i>) root, peony (<i>Paeonia suffruticosa</i>) bark, perilla (<i>Perilla frutescens</i>) leaf, schizonepeta (<i>Schizonepeta tenuifolia</i>) aerial parts	666 mg	*
Odor-controlled Garlic (<i>Allium sativum</i>) bulb	100 mg	*
Quercetin dihydrate	20 mg	*
DeltaZorb (proprietary patented blend of herbal extracts)**	2.5 mg	*

**DeltaZorb is a trademark of Symmetry Corporation, and is protected by U.S. patents.



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NutraPack
Ultra Vitality Crystals
Ultra Vitality Drink
Ultra Vitality Nutra Pack

Weight Loss

UltraSlym Pack
Carbless
Simply Slym
Liposorb
Wow Smoothie
WOW Pack

Skin Care

Skin Renewal Caplets
Skin Essentials
- Facial Cleanser
- Daily Moisturizer
- Hand/Body Lotion

Nutritional Systems

Protection 4 Life with Genesis
Protection 4 Life with Aloe Plus
Protection 4 Life with New
Attitude
Vitality System

Cleanse Products

BotanaCleanse
BotanaCleanse Plus
ParaCleanse

Children and Kids Daily

Fruitamins
Future Star

Bundles

Cleanse Bundle
Joint Support
Stress Bundle
Winter Bundle

Daily Health Support

Advanced Omega
Mega Juice
Female Balance
Male Balance
Calcium Coverage

Herbal Support Products

Aloe Plus
Aphrodisia 136
Bio Infinity
Botana-E
Botana-C
Botana-G
BotanaLax
Cardio Essentials
Clarity
Cold RX
Ease GM
Immunity
Glucosamine Formula
New Attitude
Neurocalm

- Firming Serum

Natural Soap
Botanic Gold

Water Filter
Countertop Water Filter

Optibreathe
Tranquility

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality OptiBreathe product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments.
In all matters related to your health please contact a qualified, licensed practitioner.

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