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Dr. Mark Crapo

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Vitamins and minerals are vital for the body to survive; because these substances cannot be produced by the body, they must be ingested through food and supplements. With inadequate intakes of essential vitamins and minerals, it is believed that most people do not meet the recommended daily requirements. Symmetry's Ultra Vitality NutraPack is a powerful, comprehensive multivitamin that is loaded with a wide array of the most important vitamins and minerals for proper nourishment and protection the body needs to survive. It is developed for adults of all ages, supported by over 500 clinical studies and state of the art techniques to insure the best, and most scientifically advanced supplement on the market.

UltraVitality NutraPack is followed by and continues to follow years of research and development along with the latest nutritional and dietary ingredients. It is clinically supported by extensive laboratory testing to ensure the highest quality, potency, freshness, efficacy and stability. Just 4 caplets daily furnishes your body with a full spectrum of over 75 high-powered ingredients for maximum benefit and absorption.

[See also: Protection 4 Life with Genesis health system](#)

▶ **With the Ultra Vitality Nutrapack, your body will get what it needs each and every day:**

- Nutrients that are incorporated with food, so your body treats them like food.
- Activated enzymes to help digest proteins and carbohydrates.
- Probiotics that support the digestive system.
- A comprehensive spectrum of antioxidants.
- All the major classes of phytonutrients to help protect the body from free radical damage.
- Omega 3 and Omega 6 (GLA) essential fatty acids, shown to promote good health,

which include supporting a healthy heart and circulatory system.

- A blend of botanical extracts and "super foods" to support maximum energy levels.
- Each caplet is coated with the most advanced natural barrier against environmental moisture.
- A complete serving of aloe vera. Symmetry's exclusive
- DeltaZorb technology to ensure delivery of optimal absorption of nutritional intake.

People using Nutra-pack also use these supporting products:

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[Advanced Omega](#)

[MegaJuice](#)

[Female Balance](#)

[Male Balance](#)

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Ingredients and Supplement Facts

*Daily value not established

**UltraVitality
NutraPack**

**Symmetry
products
are not sold
in Stores**

Supplement Facts Serving size: 4 caplets Servings per Container: 120 caplets	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	10,000 IU	200
Vitamin C (as ascorbic acid)	300 mg	500
Vitamin D (as cholecalciferol)	400 IU	100
Vitamin E (d-alpha-tocopheryl succinate)	200 IU	667
Thiamin (as thiamin HCl)	15 mg	1,000
Riboflavin	15 mg	882
Niacin (as niacinamide)	30 mg	150
Vitamin B6 (as pyridoxine HCl)	20 mg	1,000
Folate (as folic acid)	400 mcg	100
Vitamin B12 (as cyanocobalamin)	50 mcg	833
Biotin	300 mcg	100
Pantothenic acid (as D-calcium pantothenate)	30 mg	300
Calcium (as calcium carbonate and calcium citrate)	500 mg	50
Iodine [from kelp (<i>Ascophyllum nodosum</i>)]	150 mcg	100
Magnesium (as magnesium oxide, magnesium glycinate, and magnesium citrate)	200 mg	50
Zinc (as zinc citrate and zinc chelate)	15 mg	100
Selenium (as sodium selenite and selenomethionine)	70 mcg	100
Copper (as copper oxide)	2 mg	100
Manganese (as manganese sulfate)	5 mg	250
Chromium (as chromium polynicotinate)	150 mcg	125
Potassium (as potassium citrate)	60 mg	<2
Horsetail (<i>Equisetum arvense</i>) extract (7% soluble silica ((whole plant))	1 mg	*
Nutritive herbal blend: Dandelion (<i>Taraxacum officinale</i>) root, Irish moss (<i>Chondrus crispus</i>), jujube (<i>Ziziphus jujuba</i>) fruit and nettle (<i>Urtica dioica</i>) leaf	20 mg	*
Proprietary blend: Cayenne pepper (<i>Capsicum frutescens</i>) fruit, ginger (<i>Zingiber officinale</i>) root, lecithin, garlic (<i>Allium sativum</i>) bulb, bromelain (80 GDU/g), papain (2,000 USP/mg), inositol, apple cider vinegar, choline bitartrate, Dahlulin [inulin juice from chicory (<i>Cichorium intybus</i>) root], chamomile (<i>Anthemis nobilis</i>) flowering tops, borage seed (<i>Borago</i>	450 mg	*

officinalis) oil powder [10% GLA (gamma-linolenic acid)], L-carnitine, Bifidobacterium longum (1 million CFU), Lactobacillus acidophilus (1 million CFU), lutein [from marigold (Calendula officinalis) flower], carrot (Daucus carota) root and citrus peel		
Chlorophyll Blend: Alfalfa (Medicago sativa) leaf, D. salina algae and lycopene (Lycopersicon lycopersicum) from tomato (1%)	45 mg	*
Energy Blend: Siberian ginseng (Eleutherococcus senticosus) root, fo ti (Polygonum multiflorum) root and gotu kola (Centella asiatica) leaf	250 mg	*
Antioxidant Compound Blend: Rose hips and seeds (Rosa canina), citrus bioflavonoid complex (1-3% hesperidin), and anthocyanidin complex [grape skin extract (Vitis vinifera), green tea (Thea sinensis) leaf (36% catechins and polyphenols) and grape seed extract (95% total polyphenols)]	150 mg	*
Super Food Blend: Apple pectin (Pyrus malus), astragalus (Astragalus membranaceus) root, barley grass (Hordeum vulgare), burdock (Arctium lappa) root, citrus pectin, Ginkgo biloba leaf, parsley (Petroselinum crispum) leaf, red clover (Trifolium pratense) flower, schizandra (Schizandra chinensis) fruit extract, and spirulina blue-green algae (Spirulina pratensis)	65 mg	*
DeltaZorb (proprietary patented blend of herbal extracts)	5 mg	*

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Carbless
Simply Slym
Liposorb
Wow Smoothie
WOW Pack

Skin Care

Skin Renewal Caplets
Skin Essentials
- Facial Cleanser
- Daily Moisturizer
- Hand/Body Lotion
- Firming Serum

Natural Soap

Botanic Gold

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Protection 4 Life with Aloe Plus
Protection 4 Life with New
Attitude
Vitality System

Cleanse Products

BotanaCleanse
BotanaCleanse Plus
ParaCleanse

Children and Kids Daily

Fruitamins
Future Star

Bundles

Cleanse Bundle
Joint Support
Stress Bundle
Winter Bundle

Water Filter

Countertop Water Filter

Daily Health Support

Advanced Omega
Mega Juice
Female Balance
Male Balance
Calcium Coverage

Herbal Support Products

Aloe Plus
Aphrodisia 136
Bio Infinity
Botana-E
Botana-C
Botana-G
BotanaLax
Cardio Essentials
Clarity
Cold RX
Ease GM
Immunity
Glucosamine Formula
New Attitude
Neurocalm
Optibreathe
Tranquility

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality Ultravitality NutraPack product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments. In all matters related to your health please contact a qualified, licensed practitioner.

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