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# SYMMETRY

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▶ **NEED HELP?**

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**ORDER by PHONE**

Call: 720.929.9555

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If you need help ordering or choosing what products may be best for you then call us and a trained person will help you.

**Buy @ 30-60% Discount**



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Dr. Mark Crapo

"Do you want to feel and look better - find out how you can by using Symmetry health products."

If you suffer from low energy, headaches and mental foginess, you may be experiencing systemic toxicity. According to traditional medicine practices, proper diet alone is not enough to eliminate many of the stored toxins that accumulate in our digestive systems. Symmetry's BotanaCleanse is the best way to give your body the most efficient quarterly cleansing system, as it offers gentle and natural solutions for optimal health.

Botana Cleanse is a 3-formula, 11-day program, perfect for those just beginning the cleansing process to cleanse, detoxify, nourish and protect the body.

**See also:** [Cleanse Bundle](#)

▶ **Take Botana-Cleanse as a natural, gentle step towards optimum health.**

- Provides a gentle, mild cleansing with botanicals and natural fibers.
- Nourishes and protects the colon with probiotics to support the "friendly flora" in the colon.
- Natural ingredients that work synergistically to cleanse and support the entire body, removing toxins and protecting the colon.

**People using BotanaCleanse also use these supporting products:**

[ParaCleanse](#)

[Cleanse Bundle](#)

[Ultravitality NutraPack](#)

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## Ingredients and Supplement Facts

\*Daily value not established

### BotanaCleanse Formula One

**Suggested Use:** Take three brown capsules three times a day for four days as a dietary supplement.

**Symmetry  
products  
are not sold  
in Stores**

Supplement Facts	Amount Per Serving	% Daily Value*
Serving size: 9 capsules Servings per Container: 36 capsules		
Senna leaf (Cassia senna)	500 mg	*
Cascara sagrada bark (Rhamnus purshianus)	400 mg	*
Senna leaf extract (Cassia senna)	300 mg	*
Citrus peel (Citrus spp.)	200 mg	*
Fig fruit (Ficus carica)	200 mg	*
Prune fruit (Prunus domestica)	200 mg	*
Red clover flower (Trifolium pratense)	200 mg	*
Rhubarb root (Rheum rhabarbarum)	200 mg	*
Sarsaparilla root (Smilax officinalis)	200 mg	*
Yellow dock root (Rumex crispus)	200 mg	*
Apple cider vinegar	100 mg	*
Apple pectin (Pyrus malus)	100 mg	*
Buchu leaf (Barosma betulina)	100 mg	*
Cranberry fruit (Vaccinium macrocarpon)	100 mg	*
Lotus seed (Nelumbo nucifera)	100 mg	*

Notice: This product contains senna, cascara sacrada and rhubarb. Read and follow directions carefully. Do not use

you have or develop diarrhea, loose stools, or abdominal pain. Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product.

**Formula Two**

**Suggested Use:** Take one white capsule three times a day with an 8 oz. glass of water for four days as a dietary supplement.

Supplement Facts Serving size: 3 capsules Servings per Container: 12 capsules	Amount Per Serving	% Daily Value*
Calcium (as calcium carbonate)	100mg	10
Montmorillonite	100 mg	*
Betaine HCl	50 mg	*
Amylase	4500 USP units	*
Protease	4500 USP units	*
Lipase	360 USP units	*
Fiber blend	>800 mg	*
Guar gum, Apple pectin (Pyrus malus), Glucomannan, Oat fiber (Avena sativa), Beet fiber (Beta vulgaris), Carrot fiber (Daucus carota), Pea fiber (Pisum sativum), Psyllium seed (Plantago psyllium)		

**Formula Three**

**Suggested Use:** After completing formulas one and two, take one tan capsule three times a day for seven days as a dietary supplement.

Supplement Facts Serving size: 3 capsules Servings per Container: 21 capsules	Amount Per Serving	% Daily Value*
Intestinal flora blend (Colony Forming Unit CFU)	1.5 billion CFU**	*
Lactobacillus acidophilus, Lactobacillus plantarum, Bifidobacterium longum, Lactobacillus rhamnosus		
Dahlulin	500 mg	*
Apple cider vinegar	100 mg	*
Aloe vera leaf extract		

Dahlulin is a trademark of American Inulin Group, and is protected by U.S. Patents #4,283,432 and #4,285,735.

# SYMMETRY

## Preferred Customer Membership Save 30% to 60%

**Preferred Customer**



Preferred Customers are the customers of Symmetry products who have taken advantage of Symmetry's Preferred Customer discounts by paying an annual membership fee and agreeing to a monthly autoship. Preferred customers receive a monthly order that can be modified online.

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Genesis X24  
Genesis  
NutraPack  
Ultra Vitality Crystals  
Ultra Vitality Drink  
Ultra Vitality Nutra Pack

### Weight Loss

UltraSlym Pack  
Carbless  
Simply Slym  
Liposorb  
Wow Smoothie  
WOW Pack

### Skin Care

Skin Renewal Caplets

### Nutritional Systems

Protection 4 Life with Genesis  
Protection 4 Life with Aloe Plus  
Protection 4 Life with New  
Attitude  
Vitality System

### Cleanse Products

BotanaCleanse  
BotanaCleanse Plus  
ParaCleanse

### Children and Kids Daily

Fruitamins  
Future Star

### Daily Health Support

Advanced Omega  
Mega Juice  
Female Balance  
Male Balance  
Calcium Coverage

### Herbal Support Products

Aloe Plus  
Aphrodisia 136  
Bio Infinity  
Botana-E  
Botana-C  
Botana-G  
BotanaLax  
Cardio Essentials  
Clarity

<p>Skin Essentials</p> <ul style="list-style-type: none"> <li>- Facial Cleanser</li> <li>- Daily Moisturizer</li> <li>- Hand/Body Lotion</li> <li>- Firming Serum</li> </ul> <p><b>Natural Soap</b> Botanic Gold</p>	<p><b>Bundles</b></p> <ul style="list-style-type: none"> <li>Cleanse Bundle</li> <li>Joint Support</li> <li>Stress Bundle</li> <li>Winter Bundle</li> </ul> <p><b>Water Filter</b> Countertop Water Filter</p>	<ul style="list-style-type: none"> <li>Cold RX</li> <li>Ease GM</li> <li>Immunity</li> <li>Glucosamine Formula</li> <li>New Attitude</li> <li>Neurocalm</li> <li>Optibreathe</li> <li>Tranquility</li> </ul>
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Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality BotanaCleanse product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments.  
In all matters related to your health please contact a qualified, licensed practitioner.

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